

West Midlands Central Foundation School

Individual Placement Description
University Hospital Birmingham NHS Foundation Trust

Placement	FY1 Psychiatry - Forward Thinking
The department	<p>Birmingham and Solihull Mental Health Trust is the largest mental health Trust in the country. It offers a range of inpatient and community services to young people and adults with mental health disorder.</p> <p>The Birmingham Early Intervention Service offers a range of community experience working with young people aged 16-35 with early psychosis.</p>
The type of work to expect and learning opportunities	<p>These placements are based in a range of community and hospital settings and all offer community experience working with individuals with range of mental health disorders.</p> <p>There is opportunity to undertake assessments, develop treatment plans and manage individuals with a range of disorders and be trained in risk assessment.</p> <p>You will have the opportunity to work in a multidisciplinary team.</p> <p>You will learn about the diagnosis and management of those with first presentations of psychosis. You will also learn about the various co-morbidities associated including mood, anxiety, neurodevelopmental and substance misuse disorders.</p> <p>You will undertake physical health assessments on patients and have the opportunity to engage in health promotion with patients and learn about the importance of physical health care for those with severe mental illness.</p> <p>There is a weekly psychiatry FY teaching programme. In addition you are expected to attend the UHB teaching programme.</p>
Where the placement is based	Birmingham and Solihull Mental Health Trust/ Forward Thinking Birmingham
Supervisor(s) for the placement	Over the period of your placement, you will be working with a number of Consultants all of whom can provide clinical supervision during the time you are on duty with them. However, you will be assigned a specific named Clinical supervisor for the placement and a named Educational Supervisor for the year.
Main duties of the placement	<ul style="list-style-type: none"> • Undertaking assessments of patients with mental disorder under supervision of the consultant • Attending ward rounds as appropriate • Preparing reports and summaries as required • Attending multidisciplinary meeting • Attending community visits under supervision of other team members • Physical Health Assessments and monitoring • Liaising with GPs regarding patients' mental health care

Typical working pattern in this placement	The working pattern will depend on supervision of the consultant. The expectation is attendance from 9am – 5pm on a daily basis.
Employer information	<p>Birmingham and Solihull Mental Health NHS Foundation Trust provides a comprehensive health care service to those people living in Birmingham and Solihull who are experiencing mental health problems.</p> <p>The Trust was established as Birmingham and Solihull Mental Health NHS Foundation Trust on July 1, 2008. Prior to becoming a Foundation Trust, the organisation had been created on April 1, 2003 through the merger of the former North and South Birmingham Mental Health NHS Trusts, which included mental health services for Solihull.</p> <p>It serves a culturally and socially diverse population of 1.2 million spread over 172 square miles, has an annual budget of in excess of £220 million and a dedicated workforce of more than 4,000 staff - making it one of the largest and most complex mental health foundation trusts in the country.</p> <p>Forward Thinking Birmingham provides mental health and learning disability care in a range of inpatient and community services for those aged 0-25 living in Birmingham.</p> <p>Forward Thinking Birmingham was established on 1st April 2016 and comprises a partnership of Birmingham Children's Hospital, Worcester Health and Care NHS Trust, Priory Group, Beacon UK and The Children's Society.</p> <p>It serves a culturally and socially diverse population of over 1.1 million people. Birmingham is also a youthful city with 45.7% of Birmingham residents estimated to be under 30, compared to estimates of 39.4% for England as a whole.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.